

Reflections

Volume 109

International

Catholic Family Newsletter

October 2024

Bringing Light Into a World of Darkness

Ten Commandments of God and Satan

The Sacrament of Satan

Sins of The Tongue

*****THOUGHT FOR TODAY*****

"There is no evil to be faced that Christ does not face with us. There is no enemy that Christ has not already conquered. There is no cross to bear that Christ has not already borne for us and does not now bear with us. And on the far side of every cross, we find the newness of life in the Holy Spirit, that new life which will reach its fulfillment in the resurrection. This is our faith. This is our witness before the world." From his Eucharistic Celebration Homily, 1995., St John Paul II



By: Richard Pickard
Blessings to All:

The choices we take in life can lead to eternal paradise or eternal damnation and hell fire. Most people don't want to hear about hell fire anymore. But Jesus talks about the reality of Hell in many verses in the Bible. He describes it in great detail. He says it is a place of eternal torment (Luke 16:23), of unquenchable fire (Mark 9:43), where the worm does not die (Mark 9:48), where people will gnash their teeth in anguish and regret (Matt. 13:42), and from which there is no return, even to warn loved ones (Luke 16:19–31). He calls hell a place of "outer darkness" (Matt. 25:30), comparing it to "Gehenna" (Matt. 10:28), which was a trash dump outside the walls of Jerusalem where rubbish was burned and maggots abounded.

Horrible description of the place for souls who no longer have grace in their souls upon death. Most of us don't think about our death. It is something in the future and we are busy just trying to make a living and coping with things that are happening to us and in our family. This is normal. God does not want us to have death on our minds every minute or every day.

But our daily choices are important especially our moral choices in our journey toward our eventual death. Sometimes small things in our lives, can help us keep on the right road to heaven.

Small Things That Make a Big Difference

Have a bottle of Holy Water to bless yourself each morning and at bedtime.

Say an Our Father and Hail Mary for peace in your family each morning.

Don't lose your temper with spouse or family.

Pick up your clothes instead of having someone else do it.

Say a rosary once a week or once a month for purity in the family.

Go to church each Sunday.

Hug your spouse and children for no reason.

Expect nothing from doing a good deed.

Give some money to a homeless person on the street.

Go to a friend's funeral.

Put your phones away at the dinner table.

Say grace before meals.

Let your Yes mean Yes and Your No, mean no.

Don't lie, even about very small things.

Don't spread gossip.

Each day, ask Jesus to be a part of your day.

Be honest.

The Phone at the Dinner Table

Most of you who read the Newsletter are not in this category. But some of you have fallen into the trap of ignoring your family at the expense of your cell phones. Your family needs you present at family events and particularly around the dinner table. Yes, some will say, **'it's not a big deal to be on the phones at dinner.'** **Yes, it is.** That is exactly what Satan wants. To distract your attention away from the family. Every second you spend with family is precious. Don't cheat your family by not being present at the dinner table.

Is this your family?



Or is this your family?



The phones are good things but they can also be things which separate the family. Satan wants to destroy the family and replace it with worldly desires.

Sister Lucia dos Santos, one of the three children who witnessed the Marian apparitions at Fatima, died in 2005. But before her death, she predicted that the final battle between Christ and Satan ***would be over marriage and the family***. Satan is actively trying to destroy the family anyway he can. The phones are not the problem, but if we use them during family time too often, we might be using them "to much".

A Lot is at Stake These Days

How many of you reading this Newsletter skip saying Grace before meals? A small thing, right? Well maybe. Saying Grace before meals, was a custom that I remember as a child. My mother and father always insisted we say Grace. We were taught to say Grace even if we are eating alone, at a restaurant or home. A small habit, but a good one to keep. God is always happy to hear from us. If you have fallen out of the habit of saying Grace, consider starting again.

Get in the habit of thanking God and keeping Him in your lives. Now a days, it is not as common as in years past, to all be at the supper table together. But for those times when the family is together around the dinner table, make it a habit of getting everyone's attentions and then say Grace together.

Without phones at the supper table, it is a good time to listen to your spouse or children about what is going on in their lives. Make a rule, that the phones be put away at the dinner table. You will be glad you did.

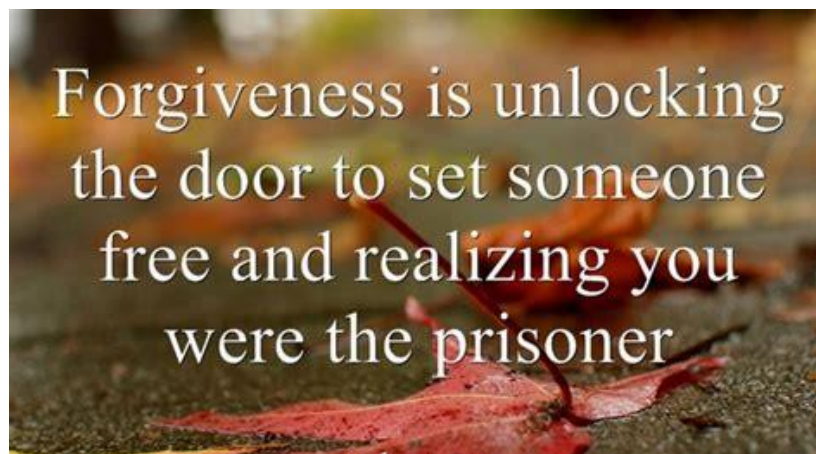
The Burden of Unforgiveness in Your Family

I have talked about this before, but I think it needs to be a part of our Christian values. Let me ask you...'Do you carry unforgiveness for past offenses against you?'

If you do, you are carrying in your soul a darkness that you must get rid of. Satan lives in the darkness of people's souls and grows the seeds of hatred for others, anger, jealousy, and pride. Careless words or little arguments can sometimes blow up and become a stumbling block, resulting in anger and undo frustration with a family member. Be quick to get these issues resolved. If you were hurt by a careless word, get over it. Forgive the other person in your heart. Don't let it fester.

You cannot continue with unforgiveness without slapping Jesus in the face. For He gave His life for you. He redeemed you. He forgave all your sins. In return He ask that you do the same by forgiving others. In all of his pain on the cross, Jesus cried out "*Father forgive them, for they know not what they do.*" If we call ourselves Christians, then forgiving others is required of us.

Here is a suggestion for you. Take a few minutes to reflect on people who have hurt you that you still have not forgiven. Then say, "*I forgive (name of person) in the blood of Jesus that He shed for me on the cross. Amen.* "



The Ten Commandments of God & Satan

Excerpts from The Poem of the Man God

By: Maria Valtorta, Volume 3, Page 105

God's Ten Commandments

1. To love the true God and to love one's neighbor as oneself.
2. Not to take the name of the Lord your God in vain
3. To keep the Sabbath without desecrating it
4. To honor one's parents.
5. Not to kill
6. Not to steal
7. Not to commit adultery
8. Not to bear false witness
- 9 You shall not covet your neighbor's wife.
- 10 You should not covet your neighbor's goods.

Satan's Ten Commandments

- 1 Dislike and disrespect for the true God and love only yourself.
- 2 Join cults to worship false gods & pagan gods and worship material wealth.
- 3 Desecrate the Sabbath. Blaspheme against the Holy Spirit
- 4 Harshness and disrespect for one's parents.
- 5 Murderous desires & actions [to kill babies in the womb]
- 6 To steal others property [and cheat others in business]
- 7 Fornication with all you can seduce.
- 8 Bear false witness.
- 9 Desire and lust for husbands and wives of others

10 To long for others property with unholy desire

Keep the Commandments of God and no matter what happens to you in life, you will have peace in your soul. For the Holy Spirit of God is within you.

“Do you not know that you are God's temple and that God's Spirit dwells in you?” 1 Corinthians 3:16



Babies sacrificed to the pagan god Moloch. Then and today.

The Sacrament of Satan

Satan would kill God if he could. But he can't. So, he kills babies, because it wounds the heart of the Father and causes chaos on the earth. You see,

abortion is actually a sacrament of Satan.

Abortion says, **"You must die, so I can live."** But Christ says **"No, I must die so You can live."**

Christ enters human history through a human uterus, of all locations. To redeem mankind from their sins. This is why Peter Kreeft, a Catholic philosopher, who is still alive today, said more prophetically on the issue of abortion, than any protestant I've ever heard.

Then he said, **"Don't you know, abortion is demonic parody of the Eucharist"** That's why he uses the same *holy, holy words*... **'This is My Body**, but with the opposite blasphemous meaning. Do you think it is a coincidence, that the central phrase for the entire industrial abortion complex and the culture of death today, the same words of Our Savior at the first communion, **'This is My Body'**.

Because Planned Parenthood, is not only the largest abortion provider in the world, but they're the largest provider of transgender drugs in the world. They call both of those mutilations 'Health Care.'

Did you know this... what they call Transgender surgeries? **Gender affirming rights**. What do they call abortion? **Reproduction rights**. They call them both, Health Care.

So, if they can't get the babies in the womb, they get them outside the womb. They defend both practices using bodily autonomy arguments. **"This is My Body."** **If I want to kill what's inside of my body, who cares, because the Serpent told me in Genesis 3, you shall be as Gods."**

Abortion is the sacrament of the religion of secular progressivism. So, when Christ says, 'This is My Body', I break it for you now, take it in remembrance of me."

All human conflict is ultimately theological. It is not a coincidence that the argument for abortion is quoting the words of Our Savior.



“Abortion is the Antichrist’s demonic parody of the Eucharist. That is why it uses the same holy words, ‘This is my body,’ with the blasphemously opposite meaning.” – Dr. Peter Kreeft

Millions of children are aborted every year, and so many politicians and people continue to support it. Society makes it clear “it’s your body,” so why shouldn’t you be able to do what you want with it?

But have the politicians, party followers, and all, ever stopped to look at the great merit of the body? Scripture tells us this, **“You are not your own, for you were bought with a price. So, glorify God in your body.” (1 Corinthians 6)** You are not your own. Interesting how Scripture tells us something completely different and controversial to what the world is saying.

‘We declare,’ **they say**, ‘that it would be unjust for a woman to have to go through nine months of physical and emotional strain for a child she doesn’t even really want.’

But wouldn’t it have been easy for Jesus to say something similar... *“Why do I have to be beaten and whipped and go through so much physical pain to save your people, Father. Can’t I just die of natural causes and then resurrect after three days?”* After all, it was His body!

But that isn't what Jesus did. He gave his *full* body to us. Today, a mother can decide if her child lives or dies. Christ had to decide whether we lived or died as well. But Christ chose life. He chose life *through* death. The selfless act of the death of Himself for our sake so that we may live by his flesh and blood. He offers us every last bit of his whole body, through the most holy Eucharist, that we may have *life*.

We are not our own. We were bought with a price. Through the ultimate sacrifice of Christ, we may have life and have it more abundantly.

So, therefore, glorify God in your body.



Sins of the Tongue

James 3:1-12

"Not many of you should become teachers, my brothers, for you know that we who teach will be judged with greater strictness. For we all stumble in many ways, and if anyone does not stumble in what he says, he is a perfect man, able also to bridle his whole body. If we put bits into the mouths of horses so that they obey us, we guide their whole bodies as well. Look at the ships also: though they are so large and are driven by strong winds, they are guided by a

very small rudder wherever the will of the pilot directs. So also, the tongue is a small member, yet it boasts of great things.

How great a forest is set ablaze by such a small fire! And the tongue is a fire, a world of unrighteousness. The tongue is set among our members, staining the whole body, setting on fire the entire course of life, and set on fire by hell. For every kind of beast and bird, of reptile and sea creature, can be tamed and has been tamed by mankind, but no human being can tame the tongue. It is a restless evil, full of deadly poison. With it we bless our Lord and Father, and with it we curse people who are made in the likeness of God. From the same mouth come blessing and cursing. My brothers, these things ought not to be so. Does a spring pour forth from the same opening both fresh and salt water? Can a fig tree, my brothers, bear olives, or a grapevine produce figs? Neither can a salt pond yield fresh water."

James is the half-brother of our Lord Jesus. It is clear that he is steeped in the wisdom literature of the Old Testament Scriptures and also in the teaching of the Lord Jesus, to which his own teaching has many parallels. Both the book of Proverbs and our Lord Jesus spoke with searching clarity about the nature and use of the tongue. James walks in their footprints. Much of what he says is a powerful exposé of the sin and failure that mar our speech.

Things to Remember about the Use of Your Tongue

Proverbs 6:16-19 "There are six things the Lord hates, seven that are detestable to him: haughty eyes, a lying tongue, hands that shed innocent blood, a heart that devises wicked schemes, feet that are quick to rush to evil, a false witness who pours out lies and a person who stirs up conflict in the community."

Proverbs 15:1 "A gentle answer turns away wrath, but hard words stir up anger."

Matthew 12:36 "But I tell you that every careless word that people speak, they shall give an account for it in the day of judgement."

Matthew 15:18 "But the things that proceed out of the mouth come from the heart, and those defile the man."

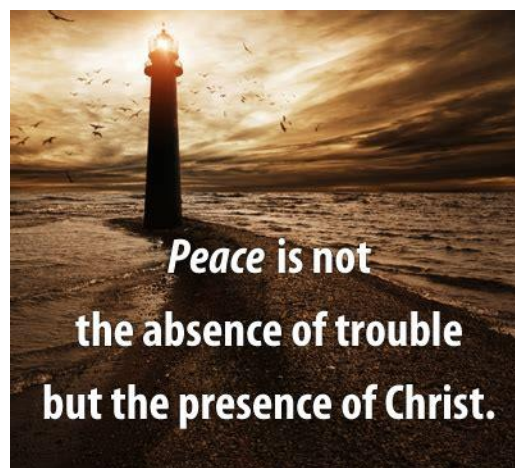
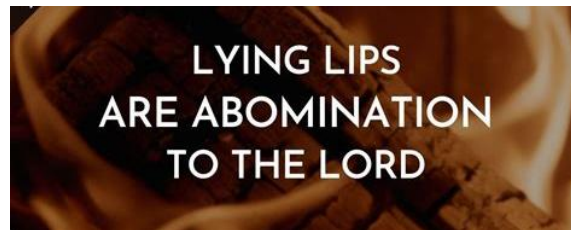
Peter 3:10 "If you want to enjoy life and see many happy days, keep your tongue from speaking evil and your lips from telling lies."

Ephesians 4:29 "Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen."

Ephesians 5:4 Let there be no filthiness nor foolish talk nor crude joking, which are out of place, but instead let there be thanksgiving.

Luke 6:45 The good person out of the good treasure of his heart produces good, and the evil person out of his evil treasure produces evil, for out of the abundance of the heart his mouth speaks.

Luke 12:10 And everyone who speaks a word against the Son of Man will be forgiven, but the one who blasphemes against the Holy Spirit will not be forgiven.





**The International Catholic Family Newsletter
Is Published Monthly**

Our mission statement is to motivate people to pray and to be Christian examples in their work, home and with others, for those needing the Light in a world of Darkness.



The Rosary is the 'weapon' for these times. – St. Padre Pio

St. Paul Ministry

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